



wedding
FORWARD

BEAUTY TIMELINE
beauty

BEAUTY TIMELINE

beauty

4-6 MONTHS BEFORE

- Make a dermatologist appointment
- Book a session or two with a trainer to jump start your fitness routine
- If you want to try a new hairstyle or color, this is the time for it
- Make a nutrition plan
- Make appointments with your hairdresser
- Schedule an appointment with your make-up artist
- Visit a dentist
- Start taking care of your skin, if you don't already
- Start experiment with self tanners and/or spray tans

1-3 MONTHS BEFORE

- It is time to think about regular manicures and pedicures
- Do your wedding hair and make-up trials
- Shape and tint your eyebrows
- Stick to your workout plan
- Do not experiment with your hair anymore
- Exfoliate your skin, making sure to get those rough areas on your elbows!
- Eat veggies and fruit for energy and
- remove salt and fat from your diet

A WEEK BEFORE

- Get yourself waxed and shaped for your wedding night
- Take a long bath or get a massage
- Do your final facial
- Have a full manicure and pedicure
- Pack an emergency beauty kit
- Get a final brow shaping
- Get your spray tan

THE DAY BEFORE

- Wash your hair
- Soften your lips
- Take a long, relaxing bath
- Get 8-10 hours of sleep
- Eat a high-protein breakfast and a light lunch
- Allow plenty of time to get ready
- Take a few moments for yourself
- Have fun!

Celebrate YOUR ENGAGEMENT WITH MISS TO MRS SUBSCRIPTION BOX!

Engaged? It's your time to shine! Subscribe to **Miss To Mrs subscription box** and receive our signature pink boxes full of exclusive, newest and trendiest bridal goodies to help you plan & prepare for the Big day!

HOW IT works?



YOU SELECT

Whether your wedding is in **2020, 2021 or even 2022**, we have a perfect plan right for you.



WE CURATE

Every box has a **unique theme** aligned to a certain stage of the wedding planning process.



CELEBRATE

Receive exclusive bridal goodies, tips and inspiration **\$100+** value for only **\$35** per box.



What's INSIDE?

The boxes typically include full-size items such as wedding planners, vow books, cake toppers, robes, bridal apparel, bachelorette party essentials, and lots more **fun** and **useful items** to help with the planning journey and **pamper the bride-to-be!**

Exclusive Apparel

Bridal Accessories

Spa & Beauty Items

Ideas and Inspiration



Party Essentials

Décor Elements

Wedding Planning Tools

Treat yourself or Gift it!

GET **50% OFF** FIRST BOX WITH PROMO CODE **PAMPERME**